



# Senior Programs — June 2024

Mon	Tue	Wed	Thu	Fri
27	28	29	30	Jun 1
<b>CLOSED for Memorial Day</b>	11:00am SAIL <b>Aerobics</b> <b>12:15pm Senior Café Lunch</b> <i>Potaco Bowls</i> <b>Bingo</b>	10:00am <b>Seated SAIL</b>	10:00am SAIL <b>Aerobics</b>  <b>Krafty Krafter's Paint and Sip</b> 11:30am-2:00pm  <b>Seeds of Change Dinner</b> 5:30-6:30pm	
<b>Exercise Challenge Raffle 3</b>	4	5	6	7
10:00am <b>Seated SAIL</b>  11:15am Garden Club <b>11:40am NEW Seated SAIL</b> with Jan <b>12:45pm NEW Writers Support Group</b>	11:00am SAIL <b>Aerobics</b> <b>12:15pm Senior Café Lunch</b> <i>Teriyaki Chicken</i> <b>Tidbit Tuesday with Jenny from Concierge Care</b>	10:00am <b>Seated SAIL</b>  <b>Music &amp; Memories</b> 12:00-1:00pm  <b>Opening Minds Thru Art</b> 1:00-2:00pm	10:00am SAIL <b>Aerobics</b>  <b>Krafty Krafter's Open House 11:30am-2:00pm</b>  <b>Seeds of Change Dinner</b> 5:30-6:30pm	
10	<b>Birthday Lunch</b> 11	12	13	14
10:00am <b>Seated SAIL</b>  11:15am Garden Club <b>11:40am NEW Seated SAIL</b> with Jan <b>12:45pm NEW Writers Support Group</b>	11:00am SAIL <b>Aerobics</b> <b>12:15pm Senior Café Lunch</b> <i>Lil Smokies Casserole</i> <b>Entertainment by CC Engel</b>	10:00am <b>Seated SAIL</b>  <b>Music &amp; Memories</b> 12:00-1:00pm  <b>Opening Minds Thru Art</b> 1:00-2:00pm	10:00am SAIL <b>Aerobics</b>  <b>Krafty Krafter's Open House 11:30am-2:00pm</b>  <b>Seeds of Change Dinner</b> 5:30-6:30pm	
17	18	19	20	21
10:00am <b>Seated SAIL</b>  11:15am Garden Club <b>11:40am NEW Seated SAIL</b> with Jan <b>12:45pm NEW Writers Support Group</b>	11:00am SAIL <b>Aerobics</b> <b>12:15pm Senior Café Lunch</b> <i>Pot Roast</i> <b>Senior Spotlight and Dominoes</b>	<b>CLOSED for Juneteenth Day</b>	10:00am SAIL <b>Aerobics</b>  <b>Krafty Krafter's Open House 11:30am-2:00pm</b>  <b>Seeds of Change Dinner</b> 5:30-6:30pm	
24	25	26	27	28
10:00am <b>Seated SAIL</b>  11:15am Garden Club <b>11:40am NEW Seated SAIL</b> with Jan <b>12:45pm NEW Writers Support Group</b> <b>6:00pm Square Dance Class</b>	11:00am SAIL <b>Aerobics</b> <b>12:15pm Senior Café Lunch</b> <i>Luuu</i> <b>Bingo</b>	10:00am <b>Seated SAIL</b>  <b>Music &amp; Memories</b> 12:00-1:00pm  <b>Opening Minds Thru Art</b> 1:00-2:00pm	10:00am SAIL <b>Aerobics</b>  <b>Krafty Krafter's Open House 11:30am-2:00pm</b>  <b>Seeds of Change Dinner</b> 5:30-6:30pm	