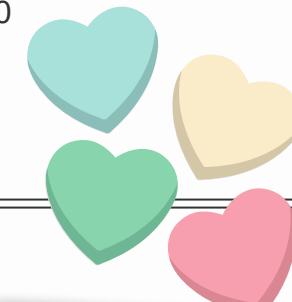


Senior Programs - February 2026

MON	TUE	WED	THU	FRI
26 10:00am Seated SAIL 12:45pm Writers Support Group	27 11:00am SAIL Aerobics 12:15pm Senior Cafe Lunch	28 10:00am Seated SAIL 11:30am Seated SAIL with Jan	29 10:00am SAIL Aerobics 11:30am Brain Games 11:30am Krafty Krafters 5:30pm Seeds of Change Dinner	30 
2 10:00am Seated SAIL 12:45pm Writers Support Group	3 11:00am SAIL Aerobics 12:15pm Senior Cafe Lunch Chili & Cornbread Lunch & Learn (Edgewood/Milton Library)	4 10:00am Seated SAIL 11:30am Seated SAIL with Jan	5 10:00am SAIL Aerobics 11:30am Brain Games 11:30am Krafty Krafters 5:30pm Seeds of Change Dinner	6 
9 10:00am Seated SAIL 12:45pm Writers Support Group	10 11:00am SAIL Aerobics 12:15pm Senior Cafe Lunch Chicken and Mashed Potatoes Birthday Celebration with CC Engel	11 10:00am Seated SAIL 11:30am Seated SAIL with Jan	12 10:00am SAIL Aerobics 11:30am Cooking Class by registration ONLY 11:30am Krafty Krafters 5:30pm Seeds of Change Dinner	Snow Day Closures We follow the Puyallup School District Snow Closures Schedule. If the PSD is closed (including late start), MVCC will be closed. Please check our Facebook page and Puyallup School District for inclement weather updates. https://www.puyallup.k12.wa.us/
16 CLOSED for President's Day	17 11:00am SAIL Aerobics 12:15pm Senior Cafe Lunch Meatball Sandwich Lunch & Learn (Fife FBLA, Scams & Fraud)	18 10:00am Seated SAIL 11:30am Seated SAIL with Jan	19 10:00am SAIL Aerobics 11:30am Brain Games 11:30am Krafty Krafters 5:30pm Seeds of Change Dinner	
23 10:00am Seated SAIL 12:45pm Writers Support Group	24 11:00am SAIL Aerobics 12:15pm Senior Cafe Lunch Turkey & Rice Casserole 12:30 BINGO	25 10:00am Seated SAIL 11:30am Seated SAIL with Jan	26 10:00am SAIL Aerobics 11:30am Brain Games 11:30am Krafty Krafters 5:30pm Seeds of Change Dinner	