# THANKS TO THE MANY NEIGHBORS WHO MAKE OUR MISSION POSSIBLE

### CIRCLE OF HOPE SUSTAINING MEMBERS

By adding your name to this list, you tell our community that you trust and believe in the mission of MVCC. Monthly support provides consistent revenue and allows our team to continue to develop *successful kids*, hopeful families, and active seniors. For information on how to become a monthly giver please contact Kitty Coates at kittyc@mtviewcc.org.

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Tammy and Ronald Baldwin
Judge Andrea Beall and Craig Nelson
Chief Mark Berry
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Shawn Boyer
Jim Bradley
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### THANKS TO OUR 2022 FOUNDATION SUPPORTERS

Mt View Lutheran Church, Mission Endowment Fund MultiCare Community Partnership Fund Names Family Foundation Nisqually Indian Tribe

Puyallup Tribe of Indians
Ruth Murphy Evans Charitable Trust
School's Out Washington
The Gottfried & Mary Fuchs Foundation

The Florence B. Kilworth Foundation
The William Kilworth Foundation
Underprivileged Children's Fund-Fife/Milton
Woodworth Family Foundation

Keith and Marlene Wright

| YES, I want to help support the w   | ork of Mountain View Community Cente  | r!                                |
|---|---|-----------------------------------|
| □ MONTHLY gift of:       \$25       \$50       \$100       \$   | Name: Address: City, State, Zip: Phone:   |                                   |
| □ Visa □ MC □ Discover □ AmEx Exp Date:CVV:   | Email:  |                                   |
| Credit Card Number Signature  | THANK YOU!  Your donation is tax deductible.  MVCC is a 501(c)3 nonprofit organization. |                                   |
| Feel free to call with your credit card information <b>M—Th, 9a—4p</b> Or, make a secure gift or pledge online at <a href="https://www.mtviewcc.org">www.mtviewcc.org</a> | Successful Kids   Hopeful Families   Active Seniors                                     | MOUNTAIN VIEW<br>COMMUNITY CENTER |



# Winter Edition 2023 Successful Kids | Hopeful Families | Active Seniors

### **Board of Directors**

Caitlyn Remington, Board Chair Community Volunteer

Shelly Raetz, Vice Chair President, Form Source Inc.

Jason Cornell, Secretary Community Volunteer

Jim Bradley, Treasurer Chief Operations Office, MultiCare Good Samaritan Hospital

Gretchen Johnsrud Mt View Lutheran Council Representative

Tom Som Director of Field Operations, The Boeing Company, Retired

Tammy Valenta Health & Wellness Coach

Dr. Don Mott, Emeritus Member Orthopedic Surgeon and Chief Medical Officer, Good Samaritan Hospital, Retired

Thank you for your service, to all of our current and past board members!

### **Staff**

Jesie Holden Executive Director

Kitty Coates
Office & Facilities Manager

Rachael Gibbons Programs Manager

Amanda Goetz
Youth & Family Programs Coordinator

Jennifer Dumo Senior Programs Coordinator

Ramon Prado Community Programs Coordinator

Loy Vincent Health & Fitness Instructor Dear Friend,

2022 was our first full year back for in-person programming, and thanks to your generosity and support, it was a great year! We continue to focus on providing real, practical support for our neighbors while creating a safe and welcoming environment to support whole-person health. Recently, a Senior S.A.I.L participant was completing their check-up assessment and disclosed that she had fallen recently. She said, "I was out in the yard working and tripped over a branch but SAIL helped me know how to get up off the ground, I knew how to get up because of our exercise program". One mom supported with rental assistance by the Good Neighbor Fund said, "I cannot express how much this will help me as a single mother and alleviate some stress I've been having lately. With my rent covered, I can put my focus on other challenges, knowing this support helped me and my child tremendously. From the bottom of my heart, I sincerely thank you! Your generosity has a great positive impact."

We are very excited for where we are headed in 2023! You will read more about the success of our new tutoring program, Study Buddies, on the next page. We are excited to grow this program incrementally this year as we recruit more volunteer tutors. Senior Programs are flourishing! We are now serving more seniors than we did prior to the pandemic. With S.A.I.L Fitness classes dialed in and well attended, we are focusing efforts on developing more opportunities for fun and fellowship to support seniors' emotional and relational health. Most exciting is the development of our Community Programs this year. Our Seeds of Change Community Nights are back and we continue to work towards our vision of offering classes, support groups, and family-fun activities in coordination with these dinners to bring outside resources to our neighbors. Our Good Neighbor *Program* will continue to serve residents with rental and utility assistance and navigation services, as we are able to hire a full-time Community Programs Coordinator and secure additional funding. It is our sincere hope that 2023 presents many more opportunities for individuals and families to find belonging and wellness and to use their gifts to serve their community and one another.

Another big win is the return of our annual Hope Moves Mountains Auction! Will you purchase tickets and join us for a hope-filled and fun evening? Are you able to sponsor or host a table of 8? Do you have an in-kind donation you could donate to our auction? More information on the auction and other upcoming events and volunteer opportunities can be found on the next page.

On behalf of our team, I offer my sincere gratitude for the part you play in helping us develop *successful kids, hopeful families, and active seniors.* Together, we continue to build a community we can be proud to call home.

With gratitude,

Jesie Holden Executive Director

# VOLUNTEER OPPORTUNITIES

Volunteers are the heart of Mountain View Community Center and there are many great opportunities for all ages!

Have you created an account on MVCC's Galaxy Digital volunteer database yet? It takes about three minutes. Once registered, you will receive updates every time we post a volunteer opportunity that suits your interests. Visit our website and click on the "Volunteer" tab; that will take you into Galaxy Digital. Sign up for upcoming opportunities.







## **OUR IMPACT**

Providing kids with the resources they need to thrive is what the team and volunteers at MVCC aim for when preparing programming. We do this through our youth hunger programs, free family connection nights, summer camps, and most recently, our tutoring

# Successful Kids

program, Study Buddies. After a very successful pilot project in 2022 we are excited to see this program continue to grow! This January we welcomed 10 students from Mt View Elementary into the weekly program that provides tutoring support and mentorship. This program is made possible because of our amazing volunteer tutors. This volunteer group is made up of former teachers, high school and college students, and community members who are working with students from kindergarten through 5th grade in

reading, writing, math, and general schoolwork skills. The goal of Study Buddies is not only to help students improve their academic abilities but to also help them gain confidence in school and life!



# **Hopeful Families**

MVCC serves as a community | Recently, a school counselor connector because we believe nominated a hard-working we are at our best when we work together! We are greatly blessed to have so many partnering businesses, non-profits, service clubs, churches, and school connections. One of the main ways we support the FME area afternoons and the is by serving kids and families through our local schools.

school staff member for support through our Good Neighbor Program. This dedicated staff member. Mr. Scott, works full-time at a local school and helps lead a sports activity in the weekends. The nominating school counselor shared.



"[He] is an amazing advocate and role model to our students." We were able to connect with Mr. Scott, sending funds for rental assistance to help support him, his wife, and his kids. MVCC is so thankful for the opportunity to help our community, and one of the best ways we can do this is by supporting those who support



Volunteering? We are always looking

his wife Patty. Unfortunately. after 54 years of marriage, Patty passed away last year. With the encouragement of some of his senior friends and neighbors, Barney started attending senior Interested in activities at MVCC this past month. Now he attends exercise multiple times a week, stays for for volunteers to help Senior Café (free lunch on prepare our weekly Tuesdays), and joins us for our senior lunches.

We love to see newcomers

with us! Barney has lived in

enjoying fitness and friendship

community dinners on Thursday nights. Barney is very Edgewood for over 30 years with keep active with friends. He said, "I'm a believer in trying to keep my body in some type of good fitness. So, with invites from [friends] and being familiar with the S.A.I.L. program, I thought I would try it. What I found was a great facility, an excellent fitness instructor, friendly neighbors and staff, and good food!" We are honored when participants invite their

**Active Seniors** 

friends to join...it is the best compliment we can receive! If you or thankful to have found a place to someone you love is 55+, here is your invitation to join us for senior exercise, lunch, or Thursday evening



### **UPCOMING EVENTS AND OPPORTUNITIES**

### **Hope Benefit Auction**

Saturday, March 18, 2023 | 5:30 to 8:30 pm

We are very excited to welcome you back to our annual auction. You are invited to join us on Saturday, March 18, 2023 at the Foss Waterway Seaport in Tacoma for a night full of fun and HOPE! Tickets can be purchased on our website at www.mtviewcc.org. If you are interested in hosting a table or sponsorship opportunities, please contact Executive Director, Jesie Holden at jesieh@mtviewcc.org or call 253-826-4329 x101.



### Kilometers 4 Kids Fun Run

Saturday, June 24, 2023

Walk, jog, or skip to support local students at Mt View Elementary. Complete your laps to receive prizes from our sponsors! Check our website for more details as we get nearer.



# **Camp Community Explorers**

FREE 5-Day Summer Camp! | 7/24-7/28 | 7/31-8/4, 2023

Camp is designed for kids entering K—6th grade. Check our website for more details as we get nearer. Questions, or to volunteer, please contact Amanda Goetz at 253-826-4329, or amandag@mtviewcc.org.



# **Back to School Backpack Giveaway**

Saturday, August 19, 2023 | 10:00 am to 12:00 pm

For students Pre-K through 12th grade. There will be pickup locations in our Fife/Milton/Edgewood community. Check our website for more details as we get nearer. Questions, or to volunteer, please contact Amanda Goetz at 253-826-4329, or amandag@mtviewcc.org.



## Sponsorships Available!

If you are interested in becoming a sponsor for any of our upcoming events, we welcome the chance to promote your company. Contact Jesie Holden at jesieh@mtviewcc.org for more information.





SUCCESSFUL KIDS | HOPEFUL FAMILIES | ACTIVE SENIORS