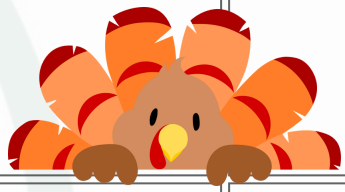
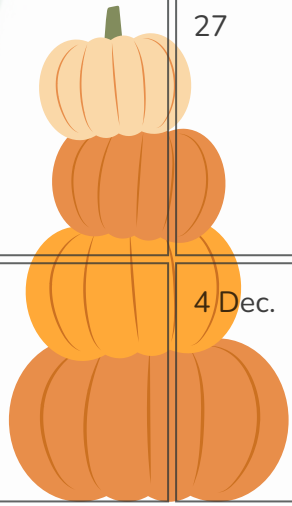
MOUNTAIN VIEW COMMUNITY CENTER

FACILITY CALENDAR - NOVEMBER 2026

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2 **10 AM** Seated Enhance Fitness **1-3 PM** OMA Dementia Class **3:00 PM** After School Drop-In*	3 **9:30 AM** Chair Yoga **11:00 AM** SAIL Aerobics **12:15 PM** Senior Cafe Lunch **3-5:30 PM** After School Drop-In/ S.T.E.A.M.*	4 **10:30 AM** SAIL w/ Jan **11:45 AM** Chair Yoga **12:45 PM** Writers Support Group **3-5:30 PM** After School Drop-In*	5 **10 AM SAIL Aerobics** **11:15 AM Brain Games** **11:30 AM** Krafty Krafters **5:30 PM** Seeds of Change Dinner	6 **12-4 PM** Holiday Craft Bazaar!	7 **9 AM-4 PM** Holiday Craft Bazaar!
8	9 **10 AM** Seated Enhance Fitness **11:30 AM Tai Chi** **1-3 PM** OMA Dementia Class **3-5:30 PM** After School Drop-In*	10 **9:30 AM** Chair Yoga **11:00 AM** SAIL Aerobics **12:15 PM** Senior Cafe Lunch **3-5:30 PM** After School Drop-In/ S.T.E.A.M.*	11 CLOSED VETERANS DAY	12 **10 AM SAIL Aerobics** **11:15 AM Brain Games** **11:30 AM** Krafty Krafters **5:30 PM** Seeds of Change Dinner	13 	14
15	16 **10 AM** Seated Enhance Fitness **11:30 AM Tai Chi** **1-3 PM** OMA Dementia Class **3-5:30 PM** After School Drop-In*	17 **9:30 AM** Chair Yoga **11:00 AM** SAIL Aerobics **12:15 PM** Senior Cafe Lunch **1:30 PM** Balance & Fall Prevention **3-5:30 PM** After School Drop-In/ S.T.E.A.M.*	18 **10:30 AM** SAIL w/ Jan **11:45 AM** Chair Yoga **12:45 PM** Writers Support Group **3-5:30 PM** After School Drop-In*	19 **10 AM SAIL Aerobics** **11:15 AM Brain Games** **11:30 AM** Krafty Krafters **12:30-2:00 PM** Pie & Cider **5:30 PM** Seeds of Change Dinner	20	21
22	23 **10 AM** Seated Enhance Fitness **11:30 AM Tai Chi** **1-3 PM** OMA Dementia Class **3-5:30 PM** After School Drop-In*	24 **9:30 AM** Chair Yoga **11:00 AM** SAIL Aerobics **12:15 PM** Senior Cafe Lunch **3:00 PM** After School Drop-In*	25 **10:30 AM** SAIL w/ Jan **11:45 AM** Chair Yoga **Building Closure at 1:00 PM**	26 CLOSED HAPPY THANKSGIVING	27 	27
28	29 **10 AM** Seated Enhance Fitness **11:30 AM Tai Chi** **1-3 PM** OMA Dementia Class **3-5:30 PM** After School Drop-In*	30 **9:30 AM** Chair Yoga **11:00 AM** SAIL Aerobics **12:15 PM** Senior Cafe Lunch **3:00 PM** After School Drop-In*	1 Dec. **10:30 AM** SAIL w/ Jan **11:45 AM** Chair Yoga **12:45 PM** Writers Support Group **3-5:30 PM** After School Drop-In*	2 Dec. **10 AM SAIL Aerobics** **11:15 AM Brain Games** **11:30 AM** Krafty Krafters **5:30 PM** Seeds of Change Dinner	3 Dec.	4 Dec.

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Registration required; fees may apply; please visit our website for more information.